

I VOLUNTEERED TO COACH, Now What Do I Do?

Sam Snow
Coaching Director



Volunteer Coach



The Game for All Kids!®



USYOUTHSOCCER.ORG

Volunteer Coach

- Contact the club and state Directors of Coaching for guidance.
- Possible mentor within the club or state.
- Are there opportunities to observe model training sessions in the club, at US Youth Soccer ODP sessions and/or with the state Technical Director?

Volunteer Coach

- Find out about resources to aid you in coaching.

- Coaching courses – clinics – symposiums – conventions
- Assistant coach – team administrator
- Web sites – DVDs – videos – on-line courses – books
- Coaching Organizations:
 - State Association
- Free newsletters:
 - Coaching Advisor





Volunteer Coach

State Association Coaching Courses

The Game is the Best Teacher ... when guided by the coach.





Coaching Courses

- TOPSoccer Certificate
 - TOPSoccer Buddy clinic
- U6/U8 Youth Module Certificate
- U10/U12 Youth Module Certificate
- National Youth Coaching Course



Coaching Courses

- U.S. Soccer Coaching courses delivered by your State Soccer Association
 - “F” License
 - “E” License
 - “D” License



Resource Material

Books:

- Parent/Coach Primer
- Coaching the U12 Player
- Coaching Youth Soccer, 5th edition

DVD:

- Positive Parenting for Youth Soccer
- Skills School – Developing Essential Soccer Techniques
- The Novice Coach – An Introduction to Coaching Youth Soccer
 - Volume 1 ~ U6 & U8
 - Volume 2 ~ U10 & U12



Resource Material

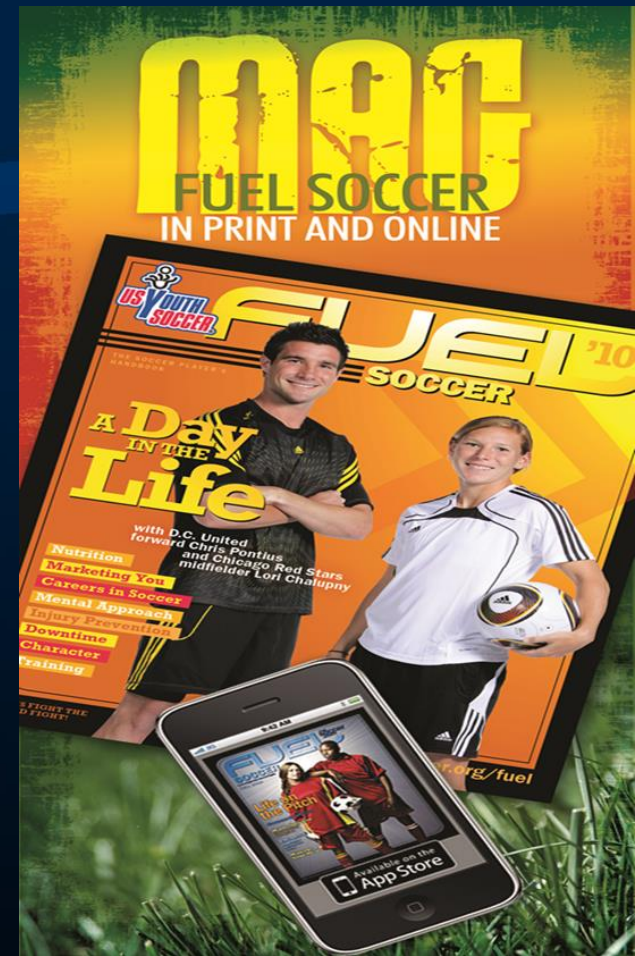
Free Documents (available on-line)

- Welcome to US Youth Soccer (English & Spanish)
- Parents Guide to US Youth Soccer (English & Spanish)
- Role Models for Life
- Kidsafe: A Risk Management Program
- Vision
- Player Development Model
- Player Development Model – Spatial Awareness
- Skills School Manual



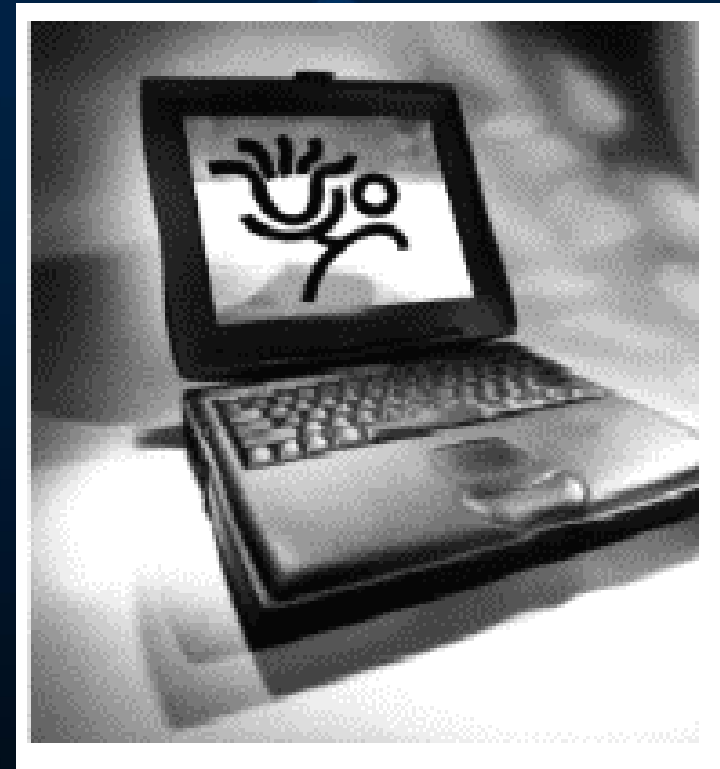
Resource Material

- The Olympic Development Program
- Target United Cup Guide
- The Referee Mentor Program
- Small Sided Games Manual
- Players' Guide
- FUEL magazine
- Recommend Reading List
- Blog (for coaches & for parents)
- Parenting Advisor



Volunteer Coach

- On-Line Clinics
 - Youth Modules
 - Constructive Soccer
 - How to Write a Training Session Plan
 - Parents Guide and Introduction to Youth Soccer
 - Video library
(see also our YouTube channel)



Volunteer Coach

Free Materials – Items Available Online

- The Official US Youth Soccer Coaching Manual
- Assistant Coach Series:
 - U6/U8 Practice Activities
 - U10 Practice Activities
 - U12 Practice Activities
- Policy on Players & Playing Rules
- Soccer Across America Brochure
- TOPSoccer Brochure (Eng. & Spa.)
- Managing the Ultimate Risk
- Principles of Conduct
- Tournament Risks



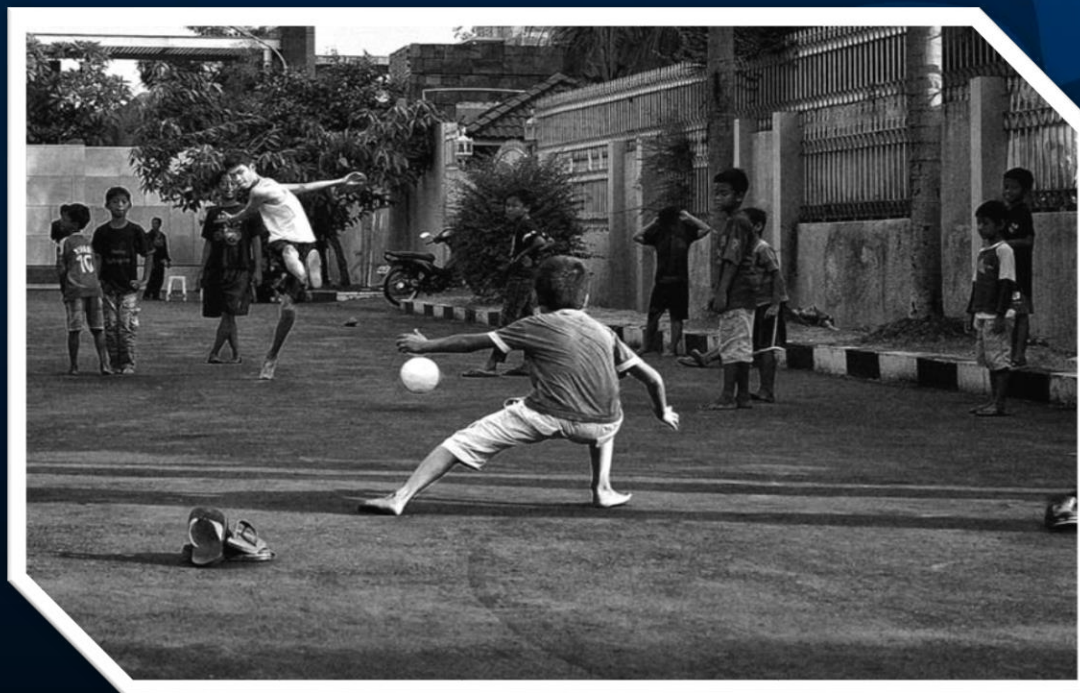
Youth Soccer Month

Fun

Family

Friendship

Fitness



youthsoccermonth.org

The first Wednesday of the month is –
Street Soccer Day!



USYOUTHSOCCER.ORG

Volunteer Coach

- Learn the Laws of the Game for your team's age group.
- Modified rules, addendums and appendices for the 6-U, 8-U, 10-U and 12-U age groups are posted on the Coaches' page at www.usyouthsoccer.org.
- The full Laws of the Game for 13-U through 19-U are also posted on the web site.



Volunteer Coach



- It is the coach's responsibility to teach the rules to the players!
- Learn the club and/or league rules.

Volunteer Coach

- Schedule

- Matches

- Festivals / Tournaments

- Training sessions

- Seasonal plan

*Who

*When

*Where

*Why

- Meetings

- With parents
- With team
- For the club
- For the league
- For the state



Volunteer Coach – ROLE MODEL

A good coach is someone who knows winning is wonderful, but is not the triumph of sports.

A good coach is a great role model, not a critic.

A good coach knows that kids do not care how much he knows about soccer, until they know how much he cares about them.



Role Model

- A good coach helps players to develop ability and confidence.
- A good coach uses substitutes as tools for the team, not punishment of a player.
- A good coach helps players learn to take mistakes in stride.

Role Model

- A good coach makes sure that everyone gets to play.
- A good coach catches players doing things right, rather than nagging about the inevitable errors.
- A good coach empathizes and listens better and sees more and talks less.

Role Model

- A kid's coach is someone who goes to work early, misses meals, gives away weekends and plays havoc with family schedules so he or she can help out a group of youngsters.
- A good coach is someone who rarely hears a mom or dad say "Hey thanks," but receives a lot of advice on game day.



Volunteer Coach

- A good coach teaches life lessons more often than soccer techniques.
- A good coach is someone a youngster will remember a long time after the last game has ended and the season is over.

